

## What is Kinderkinetics?

A profession that aims to promote and optimize the neuro-motoric development of young children (0-12 years) through scientifically based physical activity.



**Movement is  
EVERYTHING!!**

## Why is kinderkinetics important for your child?

- Promotes gross & fine motor skills
- Promotes your child's overall muscle tone/strength
- Promotes spatial orientation/body awareness
- Improves coordination
- Stimulates Vestibular function
- Addresses Reflex problems
- Promotes Bilateral integration
- Improves Balance
- Develops Laterality/ midline crossing
- Improves Perceptual motor skills
- Addresses Cognitive development & motor planning
- **School Readiness!!**

## Why is early stimulation important for your child?

1. Optimal development occurs during early childhood
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2. Movement is very important for development of the neurological system.
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**Strong link between movement & academic success!**

## Limitless kids offers:

**Baby Stimulation  
& Massages**

**Remedial  
Programs**

**Motor  
Development  
Programs**

**Wellness  
Programs**

**Sport Skills  
Programs**

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❖ Prices included on enrolment form